



Bramcote College

A member of The White Hills Park Trust

Dear Parents and Carers of Years 10 and 11,

I wanted to write to you at the end of this half term to say thank you for all of the support, hard work and encouragement you have no doubt had to offer your child / children during this period of online learning. It has been tremendously hard work for all involved, but together we have made it to this point and will continue to do our best. We're all hopeful that we will soon be able to have our students back at school and for life to start to return to normal.

We would welcome your feedback on how online learning has been for you and your children, so please follow this link to a short survey: https://forms.office.com/Pages/ResponsePage.aspx?id=kigUXB6JdE-JrjiFDhS2M00GLNO6_blpJzix0CTCztZUN1dDWTVJR1hDNFZYOEgxVktSQ1M2NFIW4u

At Bramcote we're conscious of the pressures that lockdown is placing on our students and the uncertainties they are experiencing, and we are working hard to keep students and parents and carers informed with up to date from the Government. Year 11 and Year 13 students have now received an email to their school email address with a list of the subjects they have been 'entered' for (if your child has not yet received theirs please let Jo Cooper know at jo.cooper@whptrust.org); while we haven't yet had confirmation of any of the ideas proposed in the DfE consultation on summer assessments for Years 11 and 13, we are working hard to be as prepared as possible for subject grades in the summer. As a result of this we have run mock exams for Year 13 this term and will be running progress checks focussing on very specific sections of courses for Year 11s halfway through next term and will be looking at similar progress checks for Year 10s later on in the term. Year 11s will receive information about the specific topics they need to focus on in the first week back after the half term break.

We will be running our annual 'Exam Success' event in the first week in March (Monday 1st March to Thursday 4th March) for parents and carers of Year 11, 10 and BC6F students to provide parents and carers with advice about how best to support children who are or will be revising for exams. We have adapted this event to run online across four evenings offering you access to a range of 30 minute workshops focussing on wellbeing, revision and independent learning techniques and subject specific skills, as well as preparing for university. If you would like to join any of the workshops, I have enclosed a set of Zoom links for all 12 sessions. If you miss any of the sessions we will be recording them and sharing them on our website.

As well as focussing on doing well, the focus on being well is at the heart of everything we do, so throughout last week our social media focussed on Children's Mental Health Week, encouraging students to express themselves in a creative to share how they are feeling at this unusual time and to show how they are coping. Even when most students are learning online, we are here for them; so, if you or your child have any concerns about how they are coping with the pressures and worries that lockdown can bring then please contact your child's Head of Year.

David Ramsden for Year 10: David.Ramsden@whptrust.org

Heidi Mansfield for Year 11: Heidi.Mansfield@whptrust.org

I have also added a document to this letter which includes a variety of useful support contacts which may offer support if you or your child needs it.

Should you wish to discuss any of these points or raise any other points we will be holding a Parents' Forum on Thursday 25th February at 6:30pm. If you would like the zoom link for this meeting, please email parents@bramcote.college.

I would like to close with a quote from Martin Luther King Jr who we featured on our social media in January; "If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl, but by all means, keep moving." We will keep moving in any way we can to ensure that your children will be getting the very best that we can manage and to support our brilliant Bramcote College community. I hope you have a restful half term and that your children have some time away from screens and you and your family stay safe.

Warm regards,

Heidi Gale

Headteacher

Bramcote College

March 1st – 4th Exam Success evening workshops week

Day	Time 1	Time 2	Time 3
Monday 1 st March	6:00-6:30 Preparing for A Levels and studying after 6 th form: Faye Parker Dennis	6:45-7:15 A holistic approach to preparing your children for their exams: Heidi Gale	7:30-8:00 5 Fantastic revision techniques: Jo Cooper
Zoom Details	Topic: Preparing for A Levels and studying after 6th form: Faye Parker Dennis Time: Mar 1, 2021 06:00 PM London Join Zoom Meeting https://us02web.zoom.us/j/82058941716?pwd=THk1Y0NkMGFyQU5PaEhpM0R2Q3IzQT09 Meeting ID: 820 5894 1716 Passcode: 57M8zM	Topic: A holistic approach to preparing your children for their exams: Heidi Gale Time: Mar 1, 2021 06:45 PM London Join Zoom Meeting https://us02web.zoom.us/j/81167279849?pwd=WmdYNnZ6YTRhbUxvM3VONE16MEY0UT09 Meeting ID: 811 6727 9849 Passcode: qAQ5fp	Topic: 5 Fantastic revision techniques: Jo Cooper Time: Mar 1, 2021 07:30 PM London Join Zoom Meeting https://us02web.zoom.us/j/87826877332?pwd=eFZDU0xwQzFWWERRY00rQXRtOEIndz09 Meeting ID: 878 2687 7332 Passcode: 7huSQd
Tuesday 2 nd March	6:00-6:30 Revise for a 5 or above in English: Miriam Noades	6:45-7:15 Revising science – applying knowledge to the questions: Alison Pascual	7:30-8:00 Dyslexia friendly revision techniques: Mary Kirby
Zoom Details	Topic: Revise for a 5 or above in English: Miriam Noades Time: Mar 2, 2021 06:00 PM London Join Zoom Meeting https://us02web.zoom.us/j/84358138316?pwd=WHJzMO55USs3Mml3SXNmbmhFeVJpUT09 Meeting ID: 843 5813 8316 Passcode: 70H1EZ	Topic: Revising science – applying knowledge to the questions: Alison Pascual Time: Mar 2, 2021 06:45 PM London Join Zoom Meeting https://us02web.zoom.us/j/81510916955?pwd=SGVMcmZTdTgvV1RoYjRQbEJuNEpnQT09 Meeting ID: 815 1091 6955 Passcode: Wft73k	Topic: Dyslexia friendly revision techniques: Mary Kirby Time: Mar 2, 2021 07:30 PM London Join Zoom Meeting https://us02web.zoom.us/j/82697390715?pwd=RIU2WIV1ZXhpdJl3MmNERGJZYtcxQT09 Meeting ID: 826 9739 0715 Passcode: akS6Md

Wednesday 3 rd March	6:00-6:30 Metacognition – how to remember and apply knowledge effectively: Simon Morton	6:45-7:15 Revision for Maths: Dom Devlin	7:30-8:00 Turning a 3 into a 4 in English: Cath Agius
Zoom Details	Topic: Metacognition – how to remember and apply knowledge effectively: Simon Morton Time: Mar 3, 2021 06:00 PM London Join Zoom Meeting https://us02web.zoom.us/j/82937438599?pwd=YitVQzEyT3VTeWZ1ckVXOUJ1cFNrdz09 Meeting ID: 829 3743 8599 Passcode: i8MVc3	Topic: Revision for Maths: Dom Devlin Time: Mar 3, 2021 06:45 PM London Join Zoom Meeting https://us02web.zoom.us/j/85714181735?pwd=VHhDK2NkaWxDRktGSDNSZ2JiY3VtUT09 Meeting ID: 857 1418 1735 Passcode: Q16bLQ	Topic: Turning a 3 into a 4 in English: Cath Agius Time: Mar 3, 2021 07:30 PM London Join Zoom Meeting https://us02web.zoom.us/j/82188389302?pwd=RctSSzYrQmpYd0tQQkhuaUpoK0FIUT09 Meeting ID: 821 8838 9302 Passcode: MEZiB9
Thursday 4 th March	6:00-6:30 Helping your child to revise a language you don't speak (Spanish): Cristina Garcia	6:45-7:15 Preparing your body for exams – sleep, exercise, and nutrition: Kieran Warner	7:30-8:00 Exam Wellbeing: Heidi Mansfield
Zoom Details	Topic: Helping your child to revise a language you don't speak (Spanish): Cristina Garcia Time: Mar 4, 2021 06:00 PM London Join Zoom Meeting https://us02web.zoom.us/j/86786802244?pwd=bk5yNlVjaG9mZ05ZekYwUndWc2FKdz09 Meeting ID: 867 8680 2244 Passcode: grqGL3	Topic: Preparing your body for exams – sleep, exercise, and nutrition: Kieran Warner Time: Mar 4, 2021 06:45 PM London Join Zoom Meeting https://us02web.zoom.us/j/87565921806?pwd=d0ZTd0hCWmxkUkcrTFNaUFRoVG5pUT09 Meeting ID: 875 6592 1806 Passcode: d19bKT	Topic: Exam Wellbeing: Heidi Mansfield Time: Mar 4, 2021 07:30 PM London Join Zoom Meeting https://us02web.zoom.us/j/86078969042?pwd=U2xuVnUzYkwrSG5aa2RSK2VUc3pLdz09 Meeting ID: 860 7896 9042 Passcode: 73SR44

USEFUL CONTACTS FOR SUPPORT

School - Safeguarding@bramcote.college

Childline/ NSPCC – Tel 08001111

Samaritans [Tel: 116123](tel:116123)

Nottinghamshire Multi Agency Safeguarding Hub (MASH)
Tel: 03005008090

Nottingham City Children’s Services Tel: 01158764800

Report Online Abuse <https://www.ceop.police.uk/safety-centre>

Supporting Mental Health
<https://stem4.org.uk/>

Kooth Online counselling
<https://www.kooth.com/index.html>

Food bank locations
<https://www.hope-nottingham.org.uk/wp-content/uploads/2019/09/Citywide-Foodbank-details-A3-Sept-20191.pdf>

Mental Health Apps that can support you

Calm Harm
Clear Fear
Move Mood
Combined Minds

