**Are you an independent learner?**

**Read the scenario below. Ask yourself, is this me? Do I approach my revision and independent study this way?**

Nathan knew that to revise properly he would need a technology ‘black out’. With a little help from his father, Nathan made his bedroom more like an office than a games room during his GCSE revision. Each evening at seven o’clock, just after dinner, Nathan would switch off his phone and go upstairs to revise. First, he’d check

his revision plan and get out what he needed before steeling himself to do some hard work. Strategy number one was always a quick flashcard challenge, mixing up his cards from his different subjects, before testing himself. Then Nathan would test himself on different topics, with past questions or simply seeing what he could recall with a blank piece of paper, before ticking them off his revision plan. Expecting his usual lull after forty-five minutes, Nathan would grab a drink and a biscuit (or three) before getting back to his revision. At the end of his revision session, he would end with the nightly ritual of returning to his revision plan to chalk up his victories and losses.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Skill  | No, never  |  | Sometimes  |  | Yes, definitely  |
| Do you plan your revision time over the next few weeks  | 1 | 2 | 3 | 4 | 5 |
| Do you plan your individual revision sessions and decide the content you are going to learn?  |  |  |  |  |  |
| Do you set yourself a goal for what you want to achieve in that session?  |  |  |  |  |  |
| Do you have goals of what you want to achieve overall at school or in individual subjects?  |  |  |  |  |  |
| Are you able to gauge your improvement and progress after a revision session?  |  |  |  |  |  |
| Do you remove distractions from your study space?  |  |  |  |  |  |
| Is your revision spaced/ chunked/ blocked into shorter blocks  |  |  |  |  |  |
| Do you review your plan? Did it work?  |  |  |  |  |  |
| Are you always motivated to work?  |  |  |  |  |  |

**Revision Plan**

Time:

Today I will focus on completing the following subject (s):

The content I am focussing on will be:

*
*
*
*
*
*

The techniques I will use are:

*
*
*

What is the goal for the session? What do you want to achieve?

What do you want to achieve in the subject overall?

Have you improved? How do you know?

Do you need to make any changes to your revision plan next time?