



### Curriculum Information

Year Group: 7

Subject: PSHE and Citizenship

Objectives	Personal, social, health and economic education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. The programme of study aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of learning grouped into three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).
Autumn Term	Introduction to PSHE and Citizenship. Students begin thinking about the future and mapping their learner journey through career and further education aspirations, challenging stereotypes and taking into consideration the local labour market.
Spring Term	The illustrated Mum. This book/video series introduces students to different complexities of life, including body image, being a young carer, mental health, making friends, fear and alcohol abuse.
Summer Term	Growing up and Staying Safe. This unit of work looks at puberty, independence, sex and contraception and concludes with a unit on e-safety and spotting dangers in the home/school environment.
How is progress measured?	Students also complete assessments throughout the booklets. Students also engage in class discussions on topic studied.
Extending Learning at home	
Support Available	Across the Trust there is much emphasis placed on additional support for the themes and issues covered in PSHE.
Useful web addresses	