

Curriculum Information

Year Group: 11

Subject: PE

BTEC course followed: Pearson/Edexcel

Objectives	Planning, leading and evaluating activity sessions to target groups. Revise their knowledge and understanding of types of fitness, training programs, nutrition and psychology of sport in order to prepare students for the exam in Feb.
Autumn Term	<u>BTEC SPORT</u> <u>Component 3 (coursework)</u> <ul style="list-style-type: none"> • A -Understand the fundamentals of sport and activity leadership • B - Planning Sessions for target groups
Spring Term	<u>BTEC SPORT</u> <ul style="list-style-type: none"> • Revision of external exam FEB • <u>Component 3 (coursework)</u> • C - Delivering and reviewing sessions for target group
Summer Term	<u>BTEC SPORT</u> <ul style="list-style-type: none"> • Completion of Learning Aim C – Delivery of session plan Revision for external exam resit if required
How is progress measured?	<u>BTEC SPORT</u> <ul style="list-style-type: none"> • internal controlled assessment • Pre post tests for component 2 • Progress exams in Nov/Mar •
Extending Learning at home	Homework set weekly in line with whole school policy
Support Available	<ul style="list-style-type: none"> • End of unit test papers & mark schemes available • Powerpoint & pupil booklets available • Revision Kos, MATs, AO 1-3 • Regular revision clubs • Seneca online tool • Regular training in sports clubs • Videoing of practical performance outside of school
Useful web addresses	www.bbc.co.uk/bitesize/subjects www.Senacalearning.com www.teachpe.com www.brianmac.co.uk/trainprog

	www.livestrong.com/fitness www.sport-fitness-advisor.com www.thingfitness.com/video.asp
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