

### Curriculum Information Bramcote College

Year Group: Key Stage 3: Year 9

Subject: Physical Education

Objectives/purpose	Students will build on and embed the physical development and skills previously learned, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They will develop an understanding of what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Students will be taught to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games, for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis and develop their technique and improve their performance in other competitive sports such as athletics and gymnastics. Students will have the opportunities to take part in competitive sports and activities outside college through community links or sports clubs.
Autumn Term	Badminton, Basketball, Dance*, Fitness, Football, Gymnastics, Hockey, Netball*, Trampolining, Volleyball <small>*= offered to girls only within the curriculum, although offered to all as an extra curricular activity</small>
Spring Term	Badminton, Basketball, Dance*, Fitness, Football, Gymnastics, Hockey, Netball*, Trampolining, Volleyball <small>*= offered to girls only within the curriculum, although offered to all as an extra curricular activity</small>
Summer Term	Athletics, Cricket, Rounders, Softball, Tennis
How is progress measured?	Students will be assessed in KS3 against National Curriculum criteria and will be graded as either 'Developing, Emerging, Secured or Mastered'. Comments will also be made regarding their attitude to learning, preparedness for lessons and quality of classwork.
Extending Learning at home	Students are actively encouraged to participate in physical activity beyond the confines of college, and actively engage in sporting activity within the local community and beyond.
Support Available	PE staff will offer support and guidance to all students and actively encourage students to engage in sport both within and beyond College and so develop the notion of 'healthy lifestyles'.
Useful web addresses	<a href="http://www.sportnottinghamshire.co.uk/">www.sportnottinghamshire.co.uk/</a> <a href="http://www.activenotts.org.uk">www.activenotts.org.uk</a> <a href="http://www.nottinghamshire.gov.uk">www.nottinghamshire.gov.uk</a> culture-leisure

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