

Our Year 7 Religious Studies & Citizenship Curriculum

We aim to develop students as citizens who:

- Are inclusive, accepting & empathetic, and can challenge the views of others in a respectful manner
- Are equipped with the knowledge & skills to keep themselves safe and well as they navigate the transition into adolescence
- Are responsible active citizens

Big Ideas in Year 7 Citizenship:

Relationships & wellbeing, Growing up & Staying safe, Nutrition, Emotional & mental wellbeing, Financial decision making

Last year we learned about....

N/A

Next year we will learn about...

- Health and Wellbeing (looking after our bodies and minds)
- Relationships & Sex
- Discrimination
- Digital Literacy

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Topic	My Learning Journey	The Illustrated Mum		Building Relationships	Health & Puberty	1. Financial Decision making 2. Staying safe
Key Questions	What is an aspirational learner? Why is self-esteem & resilience important? How do I make the best start on my learning journey?	Positive friendships, bullying and cyberbullying? Family structures and relationships, young carers?	Mental health and emotional wellbeing? What do we mean by health and the consequences of not maintaining good health? Nutrition and food labelling? Energy drinks? Alcohol, vaping & drugs?	What are positive and unhealthy relationships? Evaluating expectations for romantic relationships? Consent, how to recognise & respond to unwanted attention? How does the media affect stereotypes & boundaries?	Managing our; anger, stress, anxieties? Puberty, menstruation, FGM? How to use medicines safely? Building healthy routines?	1. Financial Choices, budgeting? Protecting financial security online? Risks – gambling and chance? 2. First aid, personal safety & hidden dangers?

Assessment	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding	Regular self-assessment to track confidence in these topics. Teacher assessed case studies to check knowledge & understanding
Cross-Curricular Links						

Any questions? Please contact: Sophie Anderson (Head of RS & CZ) - sophie.anderson@whptrust.org